

Social Skills & Self – Regulation Holiday Groups

Does your child need help learning how to navigate social situations ?

Do they have meltdowns when things are challenging or unfamiliar?



Lots of children need help learning how to manage social situations at home and school. They also may need help regulating their behaviour and emotions. With additional support, these skills can be developed!

Our three day holiday groups focus on teaching social problem solving in a fun, interactive environment. The groups are designed to help your child be more flexible, regulate their behaviour and interact with others more easily.

Groups Available:

Social Detectives – *Preschool & Kindy*

Social Explorers – *Years 1-3*

Social Detectives – *Years 4 and above*

For more details
go to our website:

WWW.OCCUPATIONALTHERAPY.COM.AU/GROUPS