

SOCIAL SKILLS + SELF-REGULATION



HOLIDAY GROUPS



DOES YOUR CHILD GET ANXIOUS OR OVERWHELMED IN SOCIAL SETTINGS?
OR DO THEY HAVE MELTDOWNS WHEN THINGS ARE CHALLENGING OR UNFAMILIAR?

Lots of kids need help learning how to navigate social situations and regulate their behaviour and emotions. And with additional support, these skills *can* be developed!

Our three-day Holiday Groups focus on teaching social problem solving in a fun, interactive environment using the acclaimed Social Thinking curriculum. Led by our experienced Occupational Therapists, the groups are designed to help your child learn to adapt, regulate their behaviour and interact with others more easily.

GROUPS AVAILABLE:



SOCIAL DETECTIVES
PRESCHOOL + KINDY



SOCIAL EXPLORERS
YEARS 1-3



SOCIAL SUPERFLEXERS
YEARS 4-6

DATES + LOCATIONS + COST

Balgowlah: 9-11 July 2018

Pymble: 18-20 July 2018

\$330 (claimable through private health funds).

Early Bird prices available until 9th June 2018!

REGISTER AND
FIND OUT MORE:

occupationaltherapy.com.au/holiday-groups or call 02 9913 3823